

# TRAINING PROGRAM SYLLABUS



## **MODULE ONE | Foundational Principles of ATM**

*(Includes two handbooks and one hour of personal mentoring)*

- Required Reading: “Chosen” by Michelle-Walt
- The Foundational Principles
  - Who are you?
  - Attributes of God
  - Attributes of Jesus
  - Attributes of Holy Spirit
- The 3 Perverting Spirits
- Who is the Enemy?

## **MODULE TWO | Understanding Body-Soul-Spirit and Heart**

*(Includes two handbooks and one hour of personal mentoring)*

- Required Reading: “Deadly Emotions” by Dr. Don Colbert
- An in-depth discussion of all the above areas
  - Understanding the Impact: How everything works together
  - Neuro-Enception and emotions that are encoded in our nervous system
  - Heart rate variability and emotions
  - Spiritual Diminishment
- An in-depth understanding of Heartguards
- An in-depth understanding of Strongholds

## **MODULE THREE | Understanding MRT**

*(Includes one handbook and two hours of personal mentoring)*

- Required Reading: “Health Mastery Through Muscle Response Testing” by Dr. Mark Virkler
- Biblical understanding of MRT
- Biblical testing of MRT concepts
- How and why MRT works
- The how-to’s of MRT Processes

## **MODULE FOUR | Understanding the A'nesis Transformation Model of Testing**

*(Includes the A'nesis Practitioner Manual, the A'nesis Client Manual, and two hours of personal mentoring)*

- Required Reading: “Healing in the Hebrew Months” by Leah Lesesne, MA
- Using the Tool: The process
- Special topics include:
  - Emotions
  - Organs
  - VT (Vanishing Twin)
  - Trauma
  - Age of Injury
  - Emotional / Developmental Age

## **MODULE FIVE | The Flow of the A'nesis Brief Intensive Week**

*(Includes the A'nesis Counseling Sabbatical Handbook three hours of personal mentoring)*

- Required Reading: “Every Breath We Take” by Terry Wardle
- Special topics include:
  - Gift and Calling
  - EFT tools

## **MODULE SIX | ATM Certification**

- Three Intensives
- Your final three hours of personal mentoring