



Women's Sexual Addiction Screening Test

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The Women's Sexual Addiction Screening Test (W-SAST) is designed to assist the assessment of sexually compulsive or "addictive" behavior. The W-SAST provides a profile of responses which help to identify women with sexually addictive disorders.

Check each "yes" response as appropriate.

- Were you sexually abused as a child or adolescent? Yes
- Do you regularly purchase romance novels or sexually explicit magazines? Yes
- Have you stayed in romantic relationships after they become emotionally or physically abusive? Yes
- Do you often find yourself preoccupied with sexual thoughts or romantic daydreams? Yes
- Do you feel that your sexual behavior is not normal? Yes
- Does your spouse or significant other ever worry or complain about your sexual behavior? Yes
- Do you have trouble stopping your sexual behavior when you know it is inappropriate? Yes
- Do you ever feel bad about your sexual behavior ? Yes
- Has your sexual behavior ever created problems for you and your family? Yes
- Have you ever worried about people finding out about your sexual activities? Yes