

SEXUAL ABUSE AND ATTITUDES TOWARD SEX

This is a non-scientific evaluation that suggests ways that past sexual abuse can cause women not to connect sexually when married and in a committed relationship.

Unable to enjoy kissing	Guilt and dirty feelings before or after sex
Problems concerning boundaries in sex	Inability to tolerate own body
Dissociation from own body during sex	Feelings of worthlessness if unable to provide sex
Inability to look at a naked man/revulsion	Complete avoidance of sex
Compulsive sexual behavior	Lack of sexual desire
Lack of modesty or extreme modesty	Unable to relax during sex/ feeling caught
Crying during or after sex	Need for darkness during sex
Needing to feel helpless during sex	Aversion to parts of one's own body
Aversion to touching oneself	Inability to be playful during sex
Preoccupation with other concerns during sex	Nervousness at being stimulated
Inability to have alcohol-free sex	Eagerness for sex to be over with
View of self as a sex object only	Feeling sexually inadequate/impotence